



**Healing Oasis Wellness Center 2022 Conference**  
***Strength, Stability, and Motion – Winning the Performance Trifecta!***  
 November 11<sup>th</sup> – 13<sup>th</sup>, 2022



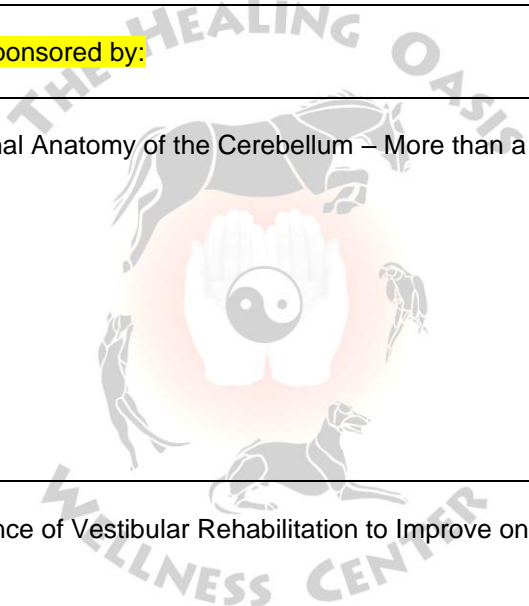

**LOCATION:** Face-to-Face at the National University of Health Sciences or from your couch. Do not miss this opportunity to celebrate with us!



**SCHEDULE**

**Friday, Nov 11<sup>th</sup>, 2022** (Total # of CE contact hours for the day = **SIX (6)**)

Time: General Session Track:

<b>11:50 – 12:00 PM</b>	Welcome Opening statement
<b>12:00 – 12:50 PM</b> Sponsored by 	Motor Learning – Crucial for Winning the Performance Trifecta! Part I (Gould)
<b>1:00 – 1:50 PM</b> Sponsored by 	Motor Learning – Crucial for Winning the Performance Trifecta! Part II (Gould)




<p><b>2:00 – 2:50 PM</b> Sponsored by:</p> 	<p>Motor Learning – Crucial for Winning the Performance Trifecta! Part III (Gould)</p>
<p><b>2:50 – 3:10 PM</b></p>	<p>Break sponsored by:</p>
<p><b>3:10 – 4:00 PM</b> Sponsored by</p> 	<p>Functional Anatomy of the Cerebellum – More than a Little Brain (Powell)</p> 
<p><b>4:10 – 5:00 PM</b> Sponsored by</p> 	<p>Importance of Vestibular Rehabilitation to Improve on Athletic Performance-Part I (Powell)</p>
<p><b>5:10 – 6:00 PM</b> Sponsored by</p>	<p>Importance of Vestibular Rehabilitation to Improve on Athletic Performance-Part II (Powell)</p>



	
<p><b>6:00 – 6:30 PM</b> Sponsored by</p> 	<p>Get together – Cutting Edge Laser Company Location = TBD</p>


Saturday, Nov 12<sup>th</sup>, 2022 (Total # of CE contact hours for the day = NINE (9))

Time

<p><b>7:00 – 7:50AM</b> Presentation &amp; BF sponsored by:</p>	<p>***Trying to get a company to provide another extra hr of CE 😊</p>		
<p><b>SPLIT SESSION</b></p>	<p><b>Canine Track</b></p>	<p><b>Equine Track</b></p>	<p><b>Clinical Hands-On Practicum (PM ONLY)</b></p>
<p><b>8:00 – 8:50 am</b> Sponsored by:</p>	<p>Exercising the Brain – Strength (Otto/Ramos) Sponsor by: Musculoskeletal Therapy for Animals</p>	<p>Current Understanding of Caudal Cervical Spine Variation: C6 asymmetry, facet enlargement, and nerve root foramen narrowing. (Thaler)</p>	<p>N/A</p>

			
<b>9:00 – 9:50 am</b> <b>Sponsored by:</b>	<p>Behavioral modification through learning – Stability (Otto/Ramos)  Sponsor by: Musculoskeletal Therapy for Animals</p> 	<b>Consideration of the Equine Poll (Thaler)</b>	N/A
<b>9:50 – 10:10 am</b> <b>Sponsored by:</b>	<b>BREAK Sponsor by?</b>	<b>BREAK – Same sponsor</b>	
<b>10:10 – 11:00 pm</b> <b>Sponsored by:</b>	<p>Turn off the GPS to learn the route to behavioral change - Motion (Otto/Ramos)  Sponsor by: Musculoskeletal Therapy for Animals</p> 	<b>Kissing Spine: Current perspective regarding significance and treatment (Thaler)</b>	N/A
<b>11:10 – 12:00 AM</b>	<p>Neuromuscular control of the canine stifle and its role in canine cranial cruciate ligament disease (Adrian)  Sponsor – <b>HERO BRACES</b></p>	<b>Musculoskeletal strength – more than just the muscles (Clayton)</b>	N/A

			
<b>12:00 – 1:00PM</b> <b>Sponsored by:</b>	<b>LUNCH Sponsored by?</b>	<b>LUNCH Sponsored by?</b>	
<b>1:00 – 1:50PM</b>	<p>Brace Yourself: The Biomechanics Behind Stability and Mobility in Orthotic Interventions - Part I (Adrian)  Sponsor - <b>HERO BRACES</b></p> 	<p><b>Strength training is important but how do you do it? (Clayton)</b></p>	<p><b>Train your brain!</b>  <b>Otto/Ramos Hands-On Lab</b>  <b>Location – Gymnasium</b></p>
<b>2:00 – 2:50 pm</b>	<p>Brace Yourself: The Biomechanics Behind Stability and Mobility in Orthotic Interventions - Part II (Adrian)  Sponsor – <b>HERO BRACES</b></p>	<p><b>Applying strength training principles in sport and rehabilitation (Clayton)</b></p>	<p><b>Train your brain!</b>  <b>Otto/Ramos Hands-On Lab</b>  <b>Location – Gymnasium</b></p>

			
<b>2:50 – 3:20 pm</b> <b>Sponsored by:</b>	Break	<b>Break</b>	


**GENERAL SESSION FOR Saturday, Nov 6<sup>th</sup>, 2021**

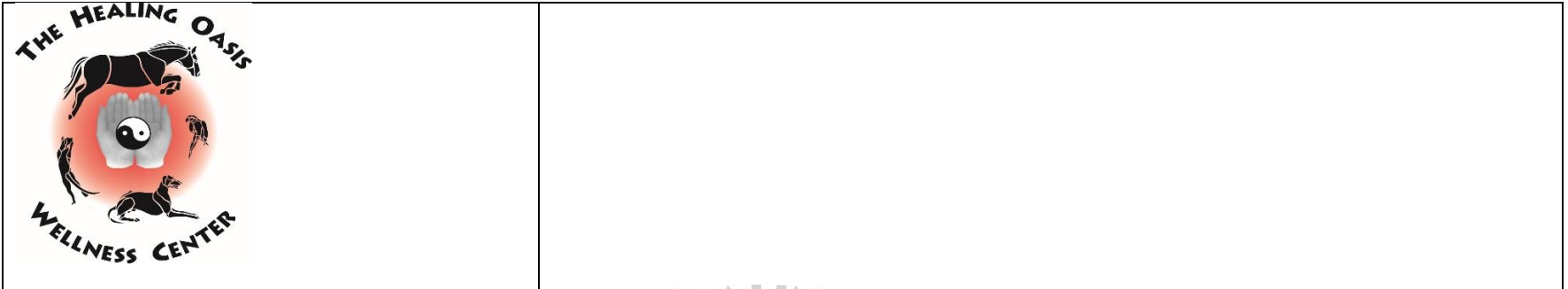
<b>3:20 – 4:10PM</b> <b>Sponsored by:</b>	CBD-Rich Hemp: How and why do I choose a product? (Wakshlag)
<b>4:20 – 5:10 pm</b> <b>Sponsored by:</b>	Using CBD rich hemp for pain management and more! Wakshlag
<b>5:20 – 6:10 PM</b> <b>Sponsored by:</b>	Feeding for sports motion: Depends on the Motion! (Wakshlag)
<b>610-700 PM</b>	<b>Meal</b> <b>Sponsored by:</b>

Sunday, Nov 13<sup>th</sup>, 2022 (Total # of CE contact hours for the day = **FOUR (4)**)

Time

GENERAL SESSION

<p><b>7:00 – 7:50 AM</b>  <b>Breakfast &amp; extra CE sponsored by Standard Process</b></p> 	<p><b>Title: HEMP OIL USE IN DOGS – CLINICAL STUDY REVIEW</b>          Synopsis: This presentation will offer some background information on the use of hemp oil in dogs. We will focus on the findings in a recent study evaluating the effects of hemp oil for improvement in gait, mobility and quality of life in patients who may have signs of pain and inflammation. Speaker: Dr. Sheila Dodson</p> <p>To register for this <b>extra CE opportunity</b>, please contact Ms. Sarah Pulvermacher at <a href="mailto:spulvermacher@Standardprocess.com">spulvermacher@Standardprocess.com</a>. Standard Process will provide you with the CE for this lecture. You <b>MUST</b> register with them.</p>
<p><b>8:00 – 8:50 AM</b>  <b>Sponsored by:</b></p>	<p><b>Neuromuscular and Balance Training in Performance &amp; Working Dogs: An Injury Prevention Tool (Henderson)</b></p>
<p><b>9:00 – 9:50 am</b>  <b>Sponsored by:</b></p>	<p><b>The criticality of cross-training in the performance athlete (Henderson)</b></p>
<p><b>9:50 – 10:00 am</b>  <b>Sponsored by:</b></p>	<p><b>BREAK Sponsored by:</b></p>
<p><b>10:00 – 10:50 am</b>  <b>Sponsored by:</b></p>	<p><b>Canine Strength Training: Pro Tips and Pitfalls (Henderson)</b></p>
<p><b>11:00 – 11:50 Noon</b>  <b>Sponsored by:</b></p>	<p><b>When is enough, enough? Avoiding Transneuronal Degeneration (Rivera)</b>  <b>Sponsored by</b></p>



TOTAL **Maximum** CE CONTACT HOURS: NINETEEN (19) HRS. For doctors or technicians provided by the Healing Oasis Wellness Center. There is another opportunity to receive an extra contact hour of CE with Standard Process (Sunday morning).

